



HEALTHY FOOD

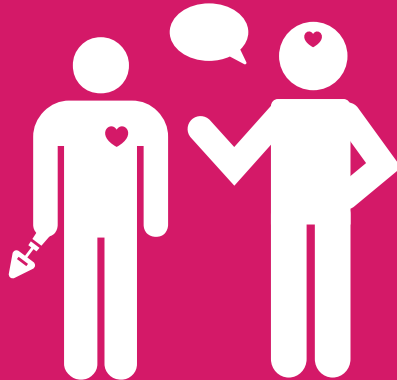
HEALTHY FOOD OPTIONS LOCATED WITHIN 800M OF HOME, SCHOOL AND WORK INCREASES HEALTHY FOOD UPTAKE.

Source: Trapp, G., Hickling, S., Christian, H., Bull, F., Timperio, A.F., Boruff, B., Shrestha, D., Giles-Corti, B., Individual, Social, and Environmental Correlates of Healthy and Unhealthy Eating. Health Education and Behaviour, 2015. 42(6): p. 759-768.



IMPROVED TRANSPORTATION ACCESS AND WALKABILITY TO HEALTHY FOOD PROMOTES HEALTHY EATING, ESPECIALLY FOR THE DISADVANTAGED.

Source: Caraher, M., Dixon, P., Lang, T., Carr-Hill, R., Access to healthy foods: Part I. Barriers to accessing healthy foods: Differentials by gender, social class, income and mode of transport. Health Education Journal, 1998. 57(3): p. 191-201.



COMMUNITY GARDENS AND EDIBLE LANDSCAPES INCREASE COMMUNITY INTERACTION AND PROMOTE MENTAL, PHYSICAL AND ENVIRONMENTAL BENEFITS.

Source: Lovell, R., Husk, K., Bethel, A., Garside, R., What are the health and well-being impacts of community gardening for adults and children: a mixed method systematic review protocol. Environmental Evidence, 2014. 3(20): p. 1-13.