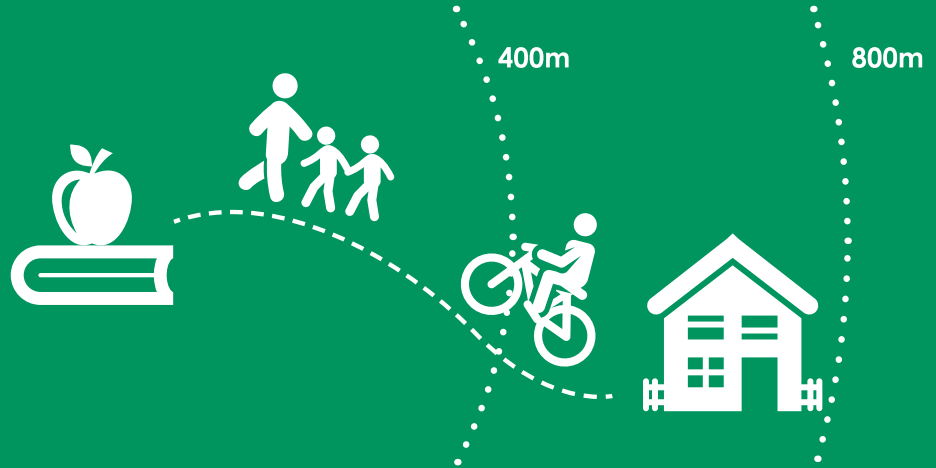




MOVEMENT NETWORKS

CHILDREN WHO LIVE WITHIN 800M OF THEIR SCHOOL ARE MORE LIKELY TO WALK OR CYCLE TO SCHOOL.

Source: Merom D, et al. (2006) Active commuting to school among NSW primary school children: implications for public health. *Health & Place*. 12 (4): 678-687



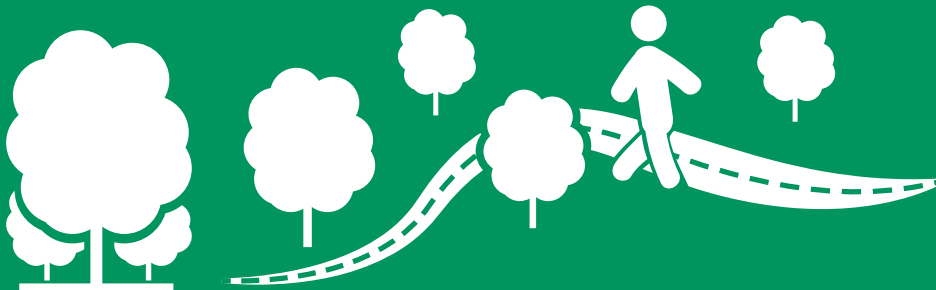
+ 30MIN



MORE LIKELY TO ACHIEVE 10,000 STEPS

29% OF PUBLIC TRANSPORT USERS ACHIEVE ≥30 MINUTES OF DAILY PHYSICAL ACTIVITY SOLELY BY WALKING TO AND FROM PUBLIC TRANSPORT.

Source: Besser LM, et al (2005). Walking to Public Transit: Steps to Help Meet Physical Activity Recommendations. *American Journal of Preventive Medicine*, 29(4): 273-280.



+ 60MIN PER WEEK

THE MORE STREET TREES ALONG THE FOOTPATH NETWORK, THE MORE LIKELY RESIDENTS ARE TO WALK FOR 60 MINUTES EACH WEEK

Source: Hooper, P., et al. (2015). "The building blocks of a 'Liveable Neighbourhood': Identifying the key performance indicators for walking of an operational planning policy in Perth, Western Australia." *Health & Place* 36: 173-183.