

Community Walkability Checklist Supporter Toolkit

Overview

Thanks for supporting the Heart Foundation's Community Walkability Checklist.

We believe residents know their neighbourhood better than anyone else. Our Community Walkability Checklist is an easy way for everyone to assess how walkable their neighbourhood is, guiding them through each element of the environment, helping to identify and understand what contributes to walkability.

It is intended that our Checklist is used by a resident in the community and any completed checklists returned inform council of local walkability priorities. The checklist is not directly intended as a professional audit tool.

Please use/modify these copy templates to promote the checklist to your staff, colleagues, customers, stakeholders and broader network as the appropriate opportunity arises for your jurisdiction.

To ensure everyone has the latest version, please direct them to our checklist landing page: <https://walking.heartfoundation.org.au/walkability> rather than downloading and sharing the PDF directly.

1. Email template
2. Shorter blurb for emails and newsletters
3. Social media post copy

1. Email template for staff, colleagues, customers, stakeholders, etc

(Email subject) **How walkable is your neighbourhood?**

Dear <First Name>

We all know the physical, mental and emotional health benefits of walking.

But have you ever thought about how the built environment – such as footpaths, parks and shelter – can impact how many people in your neighbourhood get their 30 minutes of physical activity each day?

Walkability describes the factors within the environment that make it convenient, comfortable and safe to walk.

Canberra ACT

Unit 1, Level 1,
17-23 Townshend St
Phillip ACT 2606
(02) 6282 5744

Sydney NSW

Level 3,
80 William St
East Sydney
NSW 2011
(02) 9219 2444

Darwin NT

2 Tiwi Place
Tiwi NT 0810
(08) 8982 2700

Brisbane QLD

1 Abbotsford Rd
Bowen Hills
QLD 4006
(07) 3872 2500

Adelaide SA

155-159 Hutt St
Adelaide
SA 5000
(08) 8224 2888

Melbourne VIC

Level 2,
850 Collins St
Docklands
VIC 3008
(03) 9329 8511

Perth WA

334 Rokeby Rd
Subiaco
WA 6008
(08) 9388 3343

Hobart TAS

Level 1,
89 Brisbane St
Hobart
TAS 7000
(03) 6224 2722

(Sub head) **How walkable is the local neighbourhood?**

A local resident can rate their walk with the Heart Foundation's Community Walkability Checklist to identify what is good about the walk, or what could be improved to help make the community healthier and happier.

[Find out more](#)

2. Shorter blurb for emails / newsletters for users/residents

(Sub head) **How walkable is your local community?**

Did you know that the built environment – such as footpaths, parks and shelter – can impact how many people get enough activity each day? Use the Heart Foundation's Community Walkability Checklist to rate a neighbourhood walk [Find out more](#)

3. Social media post

Do you know how walkable your community is?

The built environment – such as footpaths, parks and shelter – can impact how many people in your neighbourhood get their 30 minutes of physical activity each day.

Use the Heart Foundation's Community Walkability Checklist to rate your walk

<https://walking.heartfoundation.org.au/walkability>